



Adventures Day Nursery

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Thank you for your enquiry, this brochure contains a brief introduction to Adventures. If after looking at our brochure you have any questions or you need any more information please do not hesitate to call, visit or e-mail us. We understand that, in choosing a nursery, you are making a very important decision, so we are happy for you to come and look round and talk to the managers and staff of our Nursery, as many times as you need to.

Adventures is now part of a new and exciting, small group of nurseries owned by Mrs Kim Sheen who has a wealth of experience in achieving the highest possible standards in childcare. Our Outstanding Day Nurseries in Leytonstone, Sunshine and Sunbeams, have been caring for and educating local children since 1999.

Adventures is based in a converted house, with a large garden and play rooms, each one decorated in a homely, bright and cheerful way. We are 10 minutes away from Newbury Park station and underground. There is space for car drop offs and easy access to the A12. The buildings are secure with a finger recognition entry system for parents and staff. The nursery has CCTV in all areas. The standard of care, equipment and buildings are thoroughly checked by all appropriate agencies including the local authority, Food Safety inspector and Ofsted.



The location, warm nurturing environment and stimulating activities make Adventures a great place for your children to learn, grow and have fun.

All about us

We believe that the most important aspect of our nursery is ensuring we have the right staff to care for your child. Our managers are experienced and well qualified early years professionals. When we recruit staff, we ensure that they are dedicated to providing high quality childcare with nurturing personalities and a high level of professionalism as well as the appropriate qualifications and experience for their role. Your child's happiness and safety is always our first priority and we place an emphasis on emotional care and development. All children need to feel safe, loved and well cared for and, as well as ensuring these basic needs are met, we understand that all children are unique with their own needs and personal requirements and we care for every child as an individual. In addition to providing excellent care, we believe in providing outstanding learning experiences through enjoyable play. We will provide a stimulating environment to foster a love of learning that can provide children with the best possible start in life. We truly value a well trained workforce.

What are the benefits of choosing child care?

Most parents who choose our nurseries already provide a warm, caring and stimulating environment at home and really value the different opportunities that an outstanding day nursery can provide.

✓ At nursery, every day is structured around the children's needs and the whole nursery is set up especially for the children – sand, water, clay, paints, glue- all of the messy learning materials that we may not be able to have in our sitting room at home are available every day.

✓ Alongside the practical activities that are on offer, children can also be each other's best teachers, through interaction with other children they develop good social skills, independence while they explore the endless world of imagination that children inhabit, developing skills that will be with them for life.

Every child deserves the best possible start in life and support to fulfil their potential. A secure, safe and happy childhood is important in its' own right and it provides the foundation for children to make the most of their abilities and talents as they grow up.



✓ At our nurseries, we work in accordance with the EYFS (Early Years Foundation Stage).

The aim of the EYFS is to help young children achieve the five Every Child Matters outcomes of staying safe, being healthy, enjoying and achieving, making a positive contribution and achieving economic well-being.

✓ We do this by setting high standards for learning, development and care of the children that attended our setting, through equality of opportunity, creating a framework for

partnership between parents, carers and professionals and laying a secure foundation for future learning planned around the individual needs and interests of the child.

✓ Our nurseries are registered with Ofsted who have stringent policies governing the operation of all private day nurseries so that the standards of care are thoroughly checked.

✓ Our proven ability to deliver high quality childcare in accordance with the national guidelines.

Some information you will need if you choose Adventures

We will provide you with a more in depth welcome pack, however, here is some of the basic information that you will need to know before your little one begins their Adventure.

Settling periods

We know the difficulties in returning to work and leaving your baby, whether they are three months old or five years old, and the feelings of guilt and anxiety that almost all parents experience. We will support your family as well as we can, so that returning to work or beginning your daily childcare will be as free from anxiety as possible.

To make this transition as smooth as possible it is very important for children to go through a settling in process before their official start date, especially if they have never been separated from their primary carer for any length of time.

Shortly before your child's start date, we will contact you to arrange settling visits for you and your child. Generally, your child will attend on 2-4 occasions at different



times of day with each session a little longer than the last. Typically the first session would be 2 hours and you would remain with your child for all or part of that and the final settling session would be around 6 hours with as much of that as possible spent solely with the nursery staff. You are very welcome to stay for as many of these settling sessions you wish to for as long as you like, but the most important thing is that by the end of the settling period you and your child are both ready for them to be left in our care for the full day.

Special requirements for babies

During your baby's settling in sessions, your baby's key worker will discuss with you their current routine, how they like to settle for their sleep and any other individual requirements you have for your baby's care. We will do our best to carry on the routine you have established at home although in our experience most babies very quickly adapt to the nursery routine. We ask you to provide nappies, cream, wipes and formula, if appropriate, as we know that babies can be very sensitive to small changes to their hygiene routine. Babies, unless otherwise requested, are given nursery meals, blended as necessary with current dietary guidelines for the appropriate age taken into account.

What do we wear?

All parents are asked to provide at least one full change of clothes for their child, clearly marked with the child's name. Please can you dress your child in clothes which are simple and easy to get on and off, jeans and dungarees can be uncomfortable and buttons, zips and laces can be very frustrating to a young child who is learning independence. Please dress your child in comfortable clothes that are easy for your child's carer to manage, along with shoes, which have Velcro or buckle fasteners instead of laces. Please remember you're your child will take part in messy play activities every day - whilst we do provide aprons and appropriate over clothing, children can still get paint, glue, mud, sand or water on their clothes when taking part in messy play fun. It is hard for the staff, if your child is in expensive or



new clothes as we would not ever want to stop a child getting dirty at the expense of their enjoyment or learning.

During Winter months please provide wellington boots and warm outdoor clothing as well as a set of waterproof splash suit, all clearly marked with your child's name. Please always dress your children appropriately for the weather and in the summer months please apply sun cream to them in the morning before they leave home. The nursery staff will ensure sun cream is topped up throughout the day. We prefer children not to wear jewellery as it can be dangerous and we cannot guarantee that when the children are playing it will not get broken or lost.

What happens if your child is poorly?

We always meet the needs of our children in every circumstance and this is especially true if they are unwell. We have a medication and sickness policy that sets out the procedures that we follow in more detail but it is important that you understand how we manage illness. The first and most important thing is, that we will always ensure a child's safety and we will not accept any child into our care without signed authorisation to seek emergency medical attention if required. This is an extremely rare occurrence and normally if your child is unwell, we liaise closely with parents to ensure that your wishes are followed. With your permission, we will give them Calpol or Piriton if appropriate as well as any prescribed medication. Following the advice of the Health Standards Agency, the nursery will administer prescribed medicines however the first 24 hours of medication must be given at home, under close supervision, in case an adverse reaction occurs. If you are bringing in prescribed medication for your child, please ensure that it has the original labelling, is in the original container and discuss administering with your child's room leader or a senior member of the nursery staff.

Children may be excluded from nursery if they have a contagious illness, sickness or diarrhoea in line with our sickness policy and Health Protection Agency Guidelines.



If your child does become ill whilst at nursery, we will contact you and, if necessary, we will ask you to collect your child.

Partnership with parents

We recognise that, as parents, you are the most important person in your children's lives and we know that we can do a much better job of caring for your child by working in partnership with you. Throughout your child's time at nursery we welcome as much input and information from you as possible, and we will constantly seek your input into their learning plan.